



united states of food

“Cultivators of the earth are its most valuable citizens.”

-- Thomas Jefferson



birds nest[®]
f o u n d a t i o n

Education starts from the ground up[™]

The Ground Up Campaign[™] and The Indoor Academic Garden[™]

The United States of Food is dedicated to furthering the real food revolution by educating Americans about food and land, selling innovative products for growing food, and publishing

novel food information to stimulate discussions in the family and community. Our raised-bed gardens are our signature product: We provide complete and growing beds that simplify and beautify the real food growing process. We are excited to join forces with Bird's Nest Productions and Avis Richards, producer of the award-winning documentary "LUNCH the film", Lunch NYC, Dylan's Lunchbox, and many other films for non-profit ventures to bring this product and - the accompanying program - to the country.

USOF has sold hundreds of raised bed gardens since beginning our endeavor in 2009, and we are constantly improving the designs of our products. The Indoor Academic Garden is the latest of our new products (others include the Poultry Mansion, which are handsome homes for two laying hens, the Edible Fountain, and the Year-round Indoor Herb Station).

The goals of the Academic Garden are simple:

- To provide the most cost-effective system possible for students to appreciate the life process of food--from seed to table.
- To allow this vital learning experience to take place during the meat of the school year; unfortunately, most school garden projects bloom in between frosts, when the student population is absent.
- To provide urban schools with the same opportunities as more affluent or rural schools, by bringing the plants (herbs, vegetables, legumes) to the classroom.
- To make this an affordable, attractive, and easily integrated part of the curriculum for *any* school. We have seen too many schools charged thousands of dollars for less-effective, basic gardens.

The Academic Gardens evolved from the Table Garden listed on our website, our best seller. Our customers enjoy closely observing their plants and following the many stages of the plant life-cycle--the truest growing experience available.

The Academic Garden kit includes:

- An attractive waist-high (for kids, hand/eye height) raised bed garden with 8" of soil space (size and lumber type vary depending on cost)
- A trellis for climbing plants and to secure the growlight for indoor use
- An affordable grow light (i.e., an indoor sun) and accompanying hardware for easy attachment
- Our unique mixture of perfect organic gardening soil and accompanying organic nutrients to last for six months
- Optional seeds or young plants, depending on the school's request
- Optional sprouting kits with organic heirloom seeds and all the necessary tools for each student

- Optional take-home planters for students who wish to bring extra seedlings home—to teach their family and friends what they are learning, or to mount a parallel project.



